



# PRE-BOOKING ORTHOPEDIC REHABILITATION FOR PEACE OF MIND AND CONTINUITY OF CARE

*Port Chester Nursing and Rehabilitation Centre is pleased to offer pre-booked reservations for orthopedic rehab treatment post-surgery. Our newly renovated facility offers private and semi-private suites featuring flat screen televisions and complimentary cable TV. Patients are admitted directly from the hospital for post-operative treatment and therapy to regain strength, mobility, independence and confidence prior to returning home.*

*By pre-booking post-surgical rehabilitation, both the patient and the physician can have peace of mind knowing that a plan is already in place prior to surgery.*

#### **Before Surgery:**

- Patient meets with therapist for initial evaluation
- Patient may be given pre-surgery exercises for strengthening
- Rehab therapist reviews expectations of recovery with patients
- Team begins pre-planning discharge, orders any needed adaptive equipment
- Patient tours facility, meets rehab team, social workers, nurses
- Rehab staff communicates with surgeon to follow protocol

#### **Upon Admission:**

- Patient admitted through seamless transition
- Highly customized & individualized rehab program
- Program structured to maximize each patient's potential

#### **Our Rehab Program Features:**

- Physical, Occupational and Speech Therapies
- Up to Seven Day A Week Rehabilitation, 2 – 3x/day
- Expertise in Orthopedic Rehabilitation
- Expanded Rehab Area with State-of-the-Art Equipment
- Assistance in Preparing Home Environment
- Insurance Case Management
- Subacute Support Groups
- Highly Experienced & Professional Staffing
- Concierge Services
- We Accept Most Major Insurance Plans and Most Secondary Plans

*For more information on pre-booking reservations for orthopedic rehabilitation, please call us:*

**(914) 937-1200**

*or visit us at: [www.portchesternursing.com](http://www.portchesternursing.com)*



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